

## Scaled Armsocks



**My Scaled Armsocks were among several arm/hand versions of [Cookie A.'s Pomatomus Socks](#), which incorporates a beautiful, wave or scale-like pattern worked in the round. The scale/wave perfectly complemented the hand-painted Stroll Sock yarn from Knit Picks.**

**I strength train with my husband three days a week, so I have muscular arms and I wanted long gloves that I could wear with short sleeve shirts that fit well. Scaled Armsocks is the result!**

**This pattern has not been test knitted by anyone other than myself, so if there are any problems or comments you would like to offer, feel free to email me at [socioknit@gmail.com](mailto:socioknit@gmail.com).**

**Happy Knitting and I hope you enjoy Scaled Armsocks!**

**Fits:** Women's Medium or so ( 12" circ at bicep, 11" circ at forearm, 6.25" at wrist, 7.5" around hand)

**Yarn Used:** [Knit Picks Stroll HandPainted Sock](#), Color: Make-Believe (Fingering Weight), 2 hanks (462 yds/100g each hank) = 1 pair

**Gauge:** US 2 (2.75mm) and US 3 (3.25mm)

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36 sts in Twisted Rib = 4" ; 36 sts in Pattern = 4" with US 3

42 sts in Twisted Rib ; 42 sts in Pattern =4" with US 2

Remember to check your own gauge! Every knitter's gauge is unique; to ensure accuracy, always knit a swatch first! Size does matter, as it turns out (at least for fibercrafters...).

**Skills Needed:** Knit st, knit through back loop (twisted st), purl st, working in the round with DPNs, following written pattern, following chart, [Jeny's Surprisingly Stretchy Bind Off](#).

## Cast on!

CO 72 with US 3 DPNs (18sts on each of 4 DPNS)

Work 1" of twisted rib

**\*\*\*Work set up row, then begin on row 2 of pattern\*\*\***

**Set up row:** [Yo, k2tog, (p1, k1 tbl) five times] to end of round. (divide pattern on 3 needles to easily follow pattern)

Remember, start on round 2 after the set up row!

## Begin Scale Pattern

**\*\*\* Before you begin, note that the pattern stitches will need slight rearranging when going from Round 22 back to Round 1! Please see the notes below that Cookie A. provided\*\*\***

Work Rounds 2-22 of Chart A.

\*Rearrange stitches on needles as follows:

Move first stitch from Needle 1 to Needle 3 by knitting the first stitch on Needle 1 through the back loop onto Needle 3.

Move first stitch from Needle 2 to end of Needle 1.

Move first stitch from Needle 3 to end of Needle 2.

Work Rounds 1-22 of Chart A.

Repeat from \* once more.

# Cookie A.'s Pomatomus Chart

Chart A

-	■	-	■	-	■	-	■	-	○	λ	22	
-	■	-	■	-	■	-	■	-	○	■	λ	21
-	■	-	■	-	■	-	■	○	■	-	λ	20
-	■	-	■	-	■	-	○	■	-	■	λ	19
-	■	-	■	-	■	○	■	-	■	-	λ	18
-	■	-	■	-	○	■	-	■	-	■	λ	17
-	■	-	■	○	■	-	■	-	■	-	λ	16
-	■	-	○	■	-	■	-	■	-	■	λ	15
-	■	○	■	-	■	-	■	-	■	-	λ	14
-	○	■	-	■	-	■	-	■	-	■	λ	13
○	■	-	■	-	■	-	■	-	■	-	λ	12
λ	-	■	-	■	-	■	-	■	-	■	○	11
■	λ	-	■	-	■	-	■	-	■	-	○	10
■	-	λ	-	■	-	■	-	■	-	■	○	9
■	-	■	λ	-	■	-	■	-	■	-	○	8
■	-	■	-	λ	-	■	-	■	-	■	○	7
■	-	■	-	■	λ	-	■	-	■	-	○	6
■	-	■	-	■	-	λ	-	■	-	■	○	5
■	-	■	-	■	-	■	λ	-	■	-	○	4
■	-	■	-	■	-	■	-	λ	-	■	○	3
■	-	■	-	■	-	■	-	■	λ	-	○	2
■	-	■	-	■	-	■	-	■	-	λ	○	1

**○ = YO, λ = K2 tog tbl, — = P, ■ = K**

## Written Instructions for Pattern

Round 1- YO, K2tog tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl

Round 2- YO, p1, k2tog tbl, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl

Round 3- YO, k1 tbl, p1, k2tog tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl

Round 4- YO, p1, k1 tbl, p1, k2tog tbl, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl

Round 5- YO, k1 tbl, p1, k1 tbl, p1, k2tog tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl

Round 6- YO, p1, k1 tbl, p1, k1 tbl, p1, k2tog tbl, k1 tbl, p1, k1 tbl, p1, k1 tbl

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Round 7- YO, k1 tbl, p1, ktbl, p1, k1 tbl, p1, k2tog tbl, p1, k1 tbl, p1, k1 tbl

Round 8- YO, p1, k1 tbl, p1, ktbl, p1, k1 tbl, p1, k2tog tbl, k1 tbl, p1, k1 tbl

Round 9- YO, k1 tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, p1, k2tog tbl, p1, k1 tbl

Round 10- YO, p1, k1 tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, p1, k2tog tbl, k1 tbl

Round 11- YO, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1ktbl, p1, k1 tbl, p1, k 2tog tbl

Round 12- K2tog tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, YO

Round 13- K2tog tbl, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, YO, p1

Round 14- K2tog tbl, p1, k1 tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, YO, p1, k1 tbl

Round 15- K2tog tbl, k1 tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, YO, p1, k1 tbl, p1

Round 16- K2tog tbl, p1, k1 tbl, p1, ktbl, p1, k1 tbl, YO, k1 tbl, p1, k1 tbl, p1

Round 17- K2tog tbl, k1 tbl, p1, ktbl, p1, k1 tbl, YO, p1, k1 tbl, p1, k1 tbl, p1

Round 18- K2tog tbl, p1, k1 tbl, p1, k1 tbl, YO, k1 tbl, p1, k1 tbl, p1, ktbl, p1

Round 19- K2tog tbl, ktbl, p1, k1 tbl, YO, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1

Round 20- K2tog tbl, p1, k1 tbl, YO, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1

Round 21- K2tog tbl, k1 tbl, YO, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1

Round 22- K2tog tbl, YO, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1



## Continue Working!

Complete 2.5 repeats of the pattern and then stop at the beginning of round at round 10 of patt repeat 2.

Switch to US 2 needles, finish the rest of the repeat, and begin another 3 repeats of pattern, stopping at beg of round 8.

## Begin Thumb Gusset

Rnd 8: Work 12 stitches in patt, pm, m1, pm, continue in pattern to end of round.

Rnd 9: Work to marker, sm, k1 tbl, m1, sm, cont in pattern to end of round.

Rnd 10: Work to marker, sm, k1 tbl and m1, k1 tbl and m1 (2 sts increased), sm, cont in pattern to end of round.

Rnd 11: Work to marker, sm, k1 tbl, m1, k1 tbl, p, sm, cont in pattern to end of round.

Cont until there are 19 thumb sts. (If these directions are wonky to understand, essentially we are building a thumb gusset of twisted rib, so you want to keep the k1 tbl, p1 sequence while adding sts on either end of the gusset expansion.)

Continue in pattern rounds until thumb gusset measures 1.25" from where it begins (or as long as you would like it to be). On next round after measuring the gusset, place these 19 sts on a holder and cont in pattern.

Cont in patt until end of round 22

Work \*k 1 tbl, p1\* for 1" or desired length

Bind off using Jeny's surprisingly stretchy bind off

## Finish Thumb

Place thumb sts on 2 needles (10 on one and 9 on the other), and pick up sts from the main glove body to round out the thumb (I think I picked up seven sts to round out the thumb from the main glove hand)

Work \*k 1 tbl, p1\* in the round until thumb measures 1" from where it joins to the palm of the hand

Bind off using Jeny's surprisingly stretchy bind off

## Do it Again!

Repeat the above steps to complete a second glove! The pattern looks the same from the bottom and top of the arm/hand, so you do not need to mirror the thumb gusset. Simply work it as above and flip the glove over to wear it on the other hand!

